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Portugal
FLAVORS TO
DISCOVER

May 9-19 2020



1

Day
LISBON

Saturday May 9, 2020

WELCOME TO PORTUGAL

Fly into Lisbon International Airport where we will be waiting to whisk you away to the city center.

Check into The Lumiares Hotel & Spa

Enjoy a casual and light lunch at Lumi, the rooftop restaurant and bar in our hotel. No need to go far after the long flight but this will be the perfect place to have a welcome drink, snack and take in the city views,

WANDER THE STREETS

Depending on arrival times into Lisbon, choose between heading back to your room to freshen up and relax for the afternoon, or join us to wander the nearby streets or get caffeinated at a near by cafe.

DINNER

Just a 5min walk from our hotel is the casual yet authentic Versiculo do Faia restaurant. We will enjoy a typical Portuguese dinner in this quaint little restaurant complete with wines paired by Jeremy as we take in the flavors of this wonderful new country.



2

Day
LISBON

Sunday May 10, 2020

LISBON COFFEE SCENE

Said to have an up and coming specialty coffee scene, we will start our day checking out a near by cafe. Choose to down a quick espresso or linger over a latte with some breakfast. Morning at your own pace.

MERCADO DE CAMPO OURIQUE

Do what the locals do on a Sunday. We will visit this beautiful indoor market with various vendors selling meat, produce, and eatable treats to take home. Once we have worked up an appetite we will visit their wine bar for a glass of wine and have lunch either at one of the onsite restaurants or various stalls.

Mercado de Campo Ourique is said to be less touristy than the famous Time Out market, but just as good quality without the crowds

NATIONAL TILE MUSEUM

Portugal is famous for their tile work and art, in the afternoon we will head to the National Tile Museum which is dedicated to various types of tile work, pottery and the famous Azulejo Portuguese blue tiles. Alternatively, we could visit the National Museum of Ancient Art or one of the other many museums in this culturally rich city or skip it all together.

OUT JAZZ

Head to Parque da Bela Vista Sul for OUT Jazz, a weekly event held on Sundays in the park with live Jazz music which starts at 5pm. This is the place locals hang out on Sunday nights during the spring and summer months.

DINNER AT ALMA - MICHELIN STAR

Head back to the hotel to freshen up before dining at the famous 2 Michelin Star Restaurant, ALMA for a culinary treat. Chef Henrique Sá Pessoa's, serves his signature cuisine in an informal yet sophisticated building from the XVIII century. Alma restaurant is said to be one of the greatest gastronomic references in Lisbon.



3

Day
COMPORTA

Monday May 11, 2020

COMPORTA

Comporta is a beach town 1.5 hours south of Lisbon that is said to be a hidden gem and one of Portugal's best kept secrets, but won't be for long.

HORSE BACK RIDING

We will spend the morning on a guided horseback ride through the sand dunes and along the picturesque beach. Or take the time for yourself to read seaside.

LUNCH BY THE SEA

Lunch at Restaurante Sal, a 5min drive away. Here we will enjoy a seafood lunch right on the sand overlooking the Atlantic before we head back to Lisbon to freshen up at the hotel.

DINNER IN A PALACE

Dinner at Palácio dos Marquês de Fronteira, a castle and historic house that is part of a foundation owned by one of Carolina's uncles. We will arrive early to wander the gardens, followed by the unique experience of having dinner in the dining room prepared by an onsite private chef. This will truly be a once in a lifetime experience.



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Day
LISBON

Tuesday May 12, 2020

CONVENTO DO CARMO

After breakfast we will begin our day of history in the Alfama Neighborhood at the Convento do Carmo. This church was known as one of the most beautiful Gothic temples in Lisbon until the earthquake of 1755, which caused serious damage to the building and destroyed almost all of its religious-artistic contents but leaving behind beautiful historic ruins. The Carmo Archaeological Museum was built inside the ruins to house a collection which dates from pre-history to the present day and shows the way people have thought and felt in different areas of culture throughout the ages.

LUNCH AT CHAPITO A MESA

Located right below the walls of Sao Jorge Castle, Chapito offers the visitor a dazzling sight over the city and the river while enjoying traditional food.

ST GEORGE'S CASTLE

Experience a guided tour of the historic St George's Castle full of history and amazing city views. Its oldest parts date from the 6th century, when it was fortified by the Romans, Visigoths, and eventually the Moors.

EVENING COCKTAIL AT PORTAS DO SOL

Either head back to the hotel for an afternoon nap, or take in more of the views of the Alfama neighborhood for an evening cocktail or coffee at Postas do Sol viewpoint bar.

FADO DINNER

Dinner at Clube de Fado, a local Fado Restaurant where we will listen to a live Fado music performance while eating traditional Portuguese food. This will be a fun night!



5

Day
EVORA

Wednesday May 13, 2020

ON TO ÉVORA

After breakfast, depart Lisbon at our leisure and take the 1.5 hour drive to Évora. One of Portugal's most beautifully preserved medieval towns, Évora is an enchanting place to delve into the past while also experiencing a lively university town as the capital of the Alentejo region. We will spend the afternoon taking in the history of this town, enjoying lunch in its center and visiting sites such as Chapel of Bones or Arraiolos Castle.

Check into our Guest House and take a little time to freshen up and relax.



WINE & DINE WITH CAROLINA'S UNCLE

We will head to Quinta São José Peramanca, the home and winery of Carolina's uncle João Grave. Our evening will begin with a tasting of his acclaimed wines. Dinner will be prepared by a private chef paired with more Grave wines.

This will be an amazing chance to learn first-hand about the wines of the region, as well as get to know Carolina's family, and their history in wine making.



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Day
EVORA

Thursday May 14, 2020

BULLS AND FAMILY

This morning we will visit Carolina's father's home at Herdade da Galeana, a working bull farm. Here we will have the opportunity to have a guided tour of the homestead and get up close and personal (in a safe way of course) with the bulls on the property, followed by a traditional lunch served in the hilltop dining room.



MONSARAZ

Drive to Monsaraz, one of Portugal's most picturesque medieval villages with a hilltop castle, great lake, and megalithic monuments for an afternoon coffee and to take in the views.



WINE TASTING & FARM TO TABLE DINNER

Head to São Lourenço do Barrocal, a beautiful estate with a winery, restaurants, spa and hotel. Inhabited since Neolithic times by sedentary tribes, São Lourenço do Barrocal was once the epicentre of the megalithic culture of Central Alentejo. In the nineteenth-century, it grew to become a thriving small farming village, providing enough livestock, grain, vegetables and wine to sustain up to 50 resident families year-round. It now operates as a luxury farm retreat and winery.

Here we will taste their wines before sitting down to a farm to table dinner.



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Day
PORTO

Friday May 15, 2020

FLY TO PORTO

Travel back to Lisbon after breakfast to board a short 55min flight to Porto. Check into our 4 Star accommodation and grab lunch near by.

PORT IN PORTO

Walk over The Dom Luís Bridge, a famous double-deck metal arch bridge that spans the River Douro between the cities of Porto and Vila Nova de Gaia in Portugal (option to drive around those who don't feel comfortable with walking or heights)

Here we will visit one of the famous Port Caves and experience a tour and tasting with views of the old town across the river.

DINNER IN RIBEIRA

Back on the other side of the river is Porto's riverside quarter, known as the Ribeira. It is one of the city's oldest neighborhoods and certainly one of its highlights. The area was designated a UNESCO World Heritage Site in 1996 and is now home to a long strip of cafes, restaurants and shops overlooking the river and the Port houses of Vila Nova de Gaia on the opposite bank. Many of these businesses are housed in what would once have been single-storey warehouses whilst above and behind are a row of colorful, if not a little faded, houses.

Dinner at the tucked away Taberna dos Mercadores, this is the top rated seafood restaurant in Porto and highly revered for its service. With only 17 seats in the whole restaurant and a casual atmosphere it will feel like a private party just for us.



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Day

DOURO VALLEY

Saturday May 16, 2020

TAKE IN THE SIGHTS OF THE DOURO VALLEY

After breakfast we will depart on our scenic drive into the Douro Valley, the oldest denominated wine region in the world. Another aspect that makes the Douro Valley unique is its UNESCO World Heritage classification. This distinction was assigned in 2001 and recognizes the long tradition (over 2000 years) of viticulture in this Northern part of Portugal. This practice brought not only visual beauty, but also added cultural richness and economic evolution.

MATEUS PALACE

Visit Mateus Palace in Vila Real, built in the first half of the 18th Century, the place is a fine example of baroque civil architecture and surrounded by beautiful gardens. The place is now a part of the Mateus Foundation which Carolina's uncle is a part of. Here we will have the chance to taste his wines, Lavradores de Feitoria, in the palace winery. Lavradores de Feitoria was listed as one of the "30 wineries to discover" by Wine Spectator.

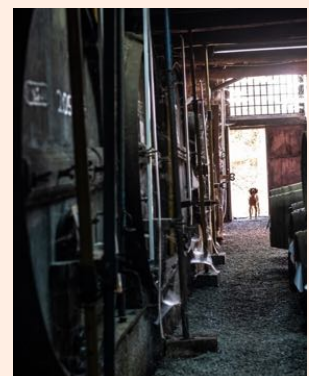


VIEIRA DE SOUSA

This off the radar family winery is the project of female wine maker Luisa Borge. Here we will have the chance to taste her wines and ports while enjoying a light lunch on her balcony.

OUR DOURO ESCAPE

Check into our secluded Douro Accommodation. Take time to unpack, and enjoy wine and appetizers outside as we await our private chef to prepare a welcome dinner.



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Day

DOURO VALLEY

Sunday May 17, 2020

WINE MAKER FOR THE DAY

Wake up slow and enjoy a relaxing breakfast at home.

After breakfast we will set off to Quinta Nova Luxury Wine House, to become a Wine Maker for the Day. Here you will have the opportunity to blend wines to your choosing, bottle, cork and even label the wine you have created. Best of all, you can take your creation home with you.

After all the hard work, we will rest for lunch in their beautiful restaurant with stunning views of the Douro River and vineyards, while we sip on a wine flight to taste the wines, they produce onsite.

Wander the grounds, stop at viewpoints, we will take in all that the Douro Valley has to offer this afternoon.



WINE TASTING QUINTA DO TEDO

Enjoy an evening wine tasting at Quinta do Tedo. This 100% organic winery is also a Single Quinta classification, the Portuguese equivalent of a Single Estate, Domaine or Azienda. Their grapes are 100% estate-grown and carry an "A" vineyards classification, the highest rating from the Portuguese Instituto do Vinhos do Douro e Porto, comparable to France's Grand Cru. Less than 2% of Douro Valley appellation's roughly 100,000 acres are class "A". This rating is subject to soil make-up, vineyard exposure, grape variety, vine spacing and altitude amongst other criteria. Oh, and it just so happens to be on our way to dinner.

DINNER AT THE FAMOUS DOC

Further up the road is the acclaimed DOC restaurant which was previously voted the 15th best restaurant in the world by Trip Advisor's Travelers Choice Awards. Extending over the water on a wooden deck, this restaurant is the creative source of Michelin Star awarded chef Rui Paula. Here we will enjoy another magical meal and views for sunset.



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Day

DOURO VALLEY

Monday May 18, 2020

A FINAL DAY FOR RELAXATION

Today can be as full or empty as you desire. Choose not to leave the comfort of the vila, or decide to fill it with an additional winery visit and tasting, the choice is yours., but don't miss out on our luxury river cruise, because this might just be the highlight of the trip.

CRUISE THE DOURO RIVER

Options include:

Lunch cruise (lunch on board the boat) and return to the villa for a private chef dinner.

Wine with a view, similar to the above option but in addition a winemaker comes on board the boat and presents wines for tasting as we sail past the winery it is from. Tasting Food Menu included

Sunset Dinner Cruise which allows you to relax at the villa all day and do an evening sunset river cruise, finishing with a candlelight dinner on board the boat in the harbor.



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Day
PORTO

Tuesday May 19, 2020

And so it must end

Travel back to Porto for flights home and final good-byes

"Amigos seguros
de viagem"

Travel safe friends

Driving Times

PORTUGAL

DAY 1

Lisbon Airpot to The Lumiares Hotel and Spa - 25min

DAY 2

The Lumiares to Mercado de Campo Ourique - 15min

Mercado de Campo Ourique to National Tile Museum - 20min

National Tile Museum to OUT Jazz - 10 min

OUT Jazz to The Lumiares - 25 min

The Lumiares to Alma - 15min drive or 8min walk

DAY 3

The Lumiares to Comporta - 1.5 hours

Comporta to Lumiares - 1.5 hours

Lumiares to Palácio dos Marqueses - 30min

DAY 4

The Lumiares to Convento do Carmo - 6min walk

Convento do Carmo to Chapito a Mesa - 15min walk

Chapito a Mesa to St George's Castle - 13min wak

St George's Castle to Portas do Sol - 10min walk

Portas do Sol to Clube de Fado - 6min walk

Clube de Fado to Lumiares - 12min drive

DAY 5

The Lumiares to Évora- 1.5 hours

Evora to Quinta São José Peramanca - 10min

Driving Times

PORTUGAL

DAY 6

Évora to Herdade da Galeana - 75 min
Herdade da Galeana to Monsaraz - 37 min
Monsaraz to São Lourenço do Barrocal - 6 min
São Lourenço do Barrocal to Évora - 50 min

DAY 7

Évora to Lisbon Airport - 80 min
Porto Airport to Hotel - 20 min
Porto Hotel to Vila Nova de Gaia - 15 min
Vila Nova de Gaia to Taberna dos Mercadores - 5 min
Taberna dos Mercadores to Hotel - 10 min

DAY 8

Porto to Mateus Palace - 1 hour
Mateus Palace to Vieira de Sousa - 15 min
Vieira de Sousa to Vila - 30 min

DAY 9

Vila to Quinta Nova Luxury Wine House - 55min depending on vila location
Quinta Nova Luxury Wine House to Quinta do Tedo - 45 min
Quinta do Tedo to DOC restaurant - 5 min
Doc Restuarant to vila - 45min

DAY 10

Vila to Pinhão - 30min

DAY 11

Vila to Porto Airport - 1 hour 25min

What's Included

PORTUGAL MAY 9-19

ALL ACCOMMODATION, MEALS, AND
WINE WITH LUNCH AND DINNER
INCLUDING GRATUITIES

ALL TRANSPORTATION FROM TOUCH
DOWN TO TAKE OFF

ALL WINE TOURS AND TASTING
FLIGHT FROM LISBON TO PORTO

RIVER CRUISE

HORSEBACK RIDING

& ALL ACTIVES LISTED IN
ITINERARY

Not Included

RETURN AIRFARE TO PORTUGAL

TRAVEL INSURANCE

ELECTIVE ADDITIONAL ACTIVITIES OR
SERVICES NOT LISTED IN ITINERARY

Taste of Place Travel