



SIP - SAVOR - SURRENDER

EXPERIENCE ITALY

October 18-28 2019



PART ONE

Southern Tuscany

October 18-24

DAY 1

Welcome
to
Italy

Arrive and Relax

Fly into Rome. We will be eagerly awaiting your arrival and pick you up at the Rome Leonardo da Vinci-Fiumicino Airport in our 9 person Mercedes rental van.

Drive to our Villa Stopping for Espresso and Lunch on the Way in Orvieto

Orvieto is a striking hill top town 90 minutes outside of Rome and en-route to our villa. We will stop at 7 Consoli to enjoy a gourmet lunch in their gardens.

Italians are renowned for their espresso habit. After our red eye flights we will want some espresso, and this beautiful garden patio is the perfect place to energize and take in the surroundings.

Arrive at our Tuscan Villa L'Antica Posta

Upon arrival we will choose our rooms, get acquainted with the space and enjoy a welcome glass of wine.

This day is for relaxation and recovery after the Trans-Atlantic Flight.

Home cooked Dinner at the Villa

A private chef will welcome us with a 4 course dinner and wine served at our villa as we get settled into our new home for the week.



DAY 2

Cheese Making
and
Cozy Dining

Vino Nobile di Montepulciano

Light Breakfast at the Villa

Wake up slowly and energized before our first day of exploring our new surroundings and wines of the region.

Wine Tasting, Tour and Lunch at La Braccessa

We will start our Italian wine journey surrounded by the breathtaking vineyards at the foot of the city of Cortona on a journey to discover everything this historic territory has to offer. La Braccessa Winery was owned by the Count of Bracci, but was taken over by Marchesi Antinori and his family in 1990. Here we will experience a tour of the facilities, taste the traditional Nobile di Montepulciano and the innovative Syrah and share a light lunch overlooking the Tuscan countryside.

Guided Tour of Cortona

After lunch we will meet Edoardo our local guide to take us on a historical tour of this interesting town. We will visit St. Francis monastery, St. Margaret church and the historical centre as he shares the history of the region.

An Evening Stroll in Montepulciano

Walk the old cobble stone streets of Montepulciano taking in its history and character before dinner. Visit a historic wine shop, home to 3000 bottles to stock up for the coming days.



Dinner at Ristorante La Grotta

Situated in front of Temple of San Biagio this idyllic restaurant owned by two brothers pays tribute to Tuscan tradition, while embracing the creativity of new gastronomic suggestions.

DAY 3

From Soil to Plate

The Art of Home Cooked Meals

Truffle Hunt

After a relaxing home cooked breakfast we will go on a truffle hunt in Tuscany's scenic Val d'Orcia. In this guided experience,



we will harvest these one-of-a-kind mushrooms. Following which, lunch will be served on a breath taking terrace overlooking the Unesco heritage sites of Pienza and Monticchiello at Podere il Casale, a small family organic farm utilizing the truffles foraged on the hunt.

Olive Oil Tasting in Val d'Orcia

A beautiful valley with ancient towns, Val d'Orcia is a UNESCO world heritage site. This region is renowned for it's olive oil.



We will tour Podere Il Poggino, a small family run olive tree plantation and an olive oil pressing facility and have the option to drive to the mill and see the process of making oil. Best of all, we will taste the freshest olive oil available anywhere on the planet.

Pizza Party at the Villa

A fresh and fun dinner utilizing our goodies from the day. We will build our own individual pizzas and cook them in our outdoor pizza oven. Dinner will be paired with local hand selected wines by Jeremy, and enjoyed al fresco while taking in the spectacular views of the Tuscan countryside.

DAY 4

The Medieval Village

Il Borro

Breakfast at the Villa

Today we will visit Il Borro. Il Borro is an estate like no other. It's located in the heart of Tuscany and is a medieval village that dates back to 1254. Throughout the centuries this Tuscan village was the home of many European noblemen. Today, it is a world famous winery, resort, village, farm, art gallery, spa, and restaurant. It's located on 700 hectares and is host to activities such as truffle hunting, cooking classes, mountain biking, hiking, horseback riding, soccer, and golf.

Wine and Art Tour of Il Borro

We will experience a private wine tour, with a tasting included. Any other of the activities listed above can be arranged if that's something you would prefer. Just let us know ahead of time. There will be plenty of time for relaxation in the spa, or just around the immaculate grounds.

Dinner at Il Borro

Enjoy a traditional 4 course Italian dinner at Osteria del Borro an award winning restaurant, complete with wine pairing. A unique, gourmet experience, characterized by traditional aromas and flavors, interpreted with flair by Chef Andrea Campani.



DAY 5

An experience
into Italy's
Most Famed
Wines

BRUNELLO DI MONTALCINO

Today we will visit some of Italy's most acclaimed wine producers and take in the history of Montalcino.

Poggio di Sotto

After breakfast at the villa we will drive to Poggio di Sotto where we will tour and taste their acclaimed Brunello and Rosso di Montalcino. This is one of the highest elevation wineries in Montalcino with gorgeous views over the valley below. We will see the process of how they produce one of the most renowned and expensive Brunellos on the planet.

Lunch in Castlenouve della Albate at La Crocina an ancient Tuscan Agriturismo organic farm to table restaurant on with historic wine cellar.

Giodo

Podere Giodo is a project of the famed enologist Dr. Carlo Ferrini. To experience his small scale production of some the world's most elegant brunello will be a rare treat. This is an opportunity that doesn't come often.

Walk, Shop and Dine in the historic town of Montalcino

This is the epicenter of Brunello wines. This quaint town is steeped with history, wine shops, and restaurants. As we explore Montalcino we will see sites such as Abbey of Sant'Antimo, Palazzo Pierre, Bibbiano Castle, Fortezza di Montalcino. Montalcino has countless wine shops that compete with each other for the lowest prices on the planet for some of Italy's most expensive Brunellos. They will ship them to your house so you can enjoy the flavors of Tuscany at home

Dinner at Drogheria Franci, a small restaurant with adjacent wine shop that overlooks the Fortress of Montalcino built in the 14th century. We will enjoy a dinner aimed at modern biodynamic flavors and ingredients, while taking in the sights of history.

DAY 6

Relax
and
Cleanse

The Baths of the Etruscans

A Day for Relaxation

After a full home cooked Italian breakfast at the villa, spend some time reading and relaxing by the pool.

Carpineto Winery - A world renowned producer. We will visit their Montepulciano estate where they make Vino Nobile di Montepulciano. These wines are made predominantly with Sangiovese grapes and possess a more elegant expression of the grape than other areas of Tuscany.

Cleanse the Liver

We will visit the town of Chianciano Terme to relax in the Baths of the Etruscans, which have therapeutic waters that are renowned to cleanse the liver. At this point in the trip a little liver reset might be necessary. Chianciano Terme is considered to have some of the finest hot springs and health resorts in Italy. It's spas have been in operation since the time of the Etruscans dating back to the 5th Century BC. Even during the Roman times this region's waters have been well known. Luxurious Roman villas were built around the thermal baths for the Roman elites. Sensorial experiences including an Etruscan Sauna, aromatherapy and chromotherapy cells, a Rasul mud room, indoor and outdoor hydro thermal pools and many more facilities to ensure the ideal spa experience.

**Towels, bathrobes and 4 hours access to the thermal pools is included in the trip, Additional spa treatments can be booked for an extra charge.



Private Chef at the Villa

Our private chef will return to the villa for another exquisite meal with wine pairings as we reflect on our first week of life in the Italian countryside.

PART TWO

Umbria

October 24-28

DAY 7

Take it
Slow

The Next Chapter

Gain a Higher Perspective

We will see the sun rise over the patchwork of vineyards and farms that lay below Assisi from a hot air balloon! After this hour long experience an Umbrian style breakfast will be served in the field once we come back to earth paired with Prosecco the perfect way to start the day.

Lunch at Lake Trasimeno

Our drive to our Umbrian villa will be scenic, as we travel along the coast of Lago Trasimeno, Italy's fourth largest lake. Medieval stone villages dot the lake and islands in it's center. We will enjoy some fresh seafood for lunch and a lingering stroll before getting back on the road.

Arrive at Il Nestorello - Our Umbrian Country Villa

Settle in, relax by the pool, take some time out for yourself, as you get acquainted with our second home of the trip.

Dinner at the Villa with a Guest Chef

Enjoy a home cooked traditional Umbrian style meal, prepared by a local chef in the comfort of our villa, complete with wine by the fire as we continue to unwind.



DAY 8

Experience
Italy's most
authentic
red wines in the
heart of Umbria

Montefalco

Take some time to sleep in this morning after our early start yesterday. Begin the day with a light breakfast at the villa.

Montefalco

When we are feeling ready and refreshed we will head to Montefalco to exploring the small and quaint town and to do some shopping.

Lunch at OLEVM restaurant by Fagioli Daniela

This quaint little restaurant was created in 2009 by an olive oil producer, where the main topic and inspiration of the food revolves around the various uses of the oils. Experience a perfect synthesis of the typical Umbrian specialties, based on local extra-virgin olive oil. Guests are also welcome to taste various products sold in the shop which is connected to the restaurant.

Paolo Bea Winery

After lunch we will visit this boutique wine estate known for its expressive, organic wines and commitment to the terroir and old-fashioned techniques. Renowned as being one of the best wineries in Umbria, these unfiltered organic wines will be a treat to experience during our private tasting and tour.

Dinner at Enoteca L'Alchimista

Chef Moretti Patrizia blends her creativity with the aromas and flavors of each season in a measured balance consistent with the Umbrian tradition. This highly recommended, cozy restaurant is right in the heart of Montefalco where we can appreciate the history of the area over a delicious meal paired with local wine.



DAY 9

Umbrian Culture at it's Finest

Perugia

Take in our New Surroundings

Begin the day with a full breakfast at the villa and some time to relax.

EuroChocolate

When we are ready we will head into the heart of Perugia for Eurochocolate - the biggest chocolate festival in Europe.

We will taste, shop, have a late lunch, and experience the unique and lively culture of one of the world's oldest university towns. A cultural experience not to miss is having drinks in the town square with all the city's people. It's a purely Italian way of enjoying the moment. We can even stop by a local pub to watch Perugia play soccer and cheer beside loyal local fans.

CIOCOPASTICCERIA Cooking Class

Discover how to create delicious desserts to be enjoyed with chocolate as a protagonist in all its forms: delicious mousses, fragrant biscuits and irresistible cakes! This class is limited to 5 people.

Grappa & Chocolate Class

We will sample the sweetness of Vanini chocolate and the decisive flavor of the grappas of the Istituto Tutela Grappa del Trentino in this evening class.



Sunset drinks at Punto Di Vist and Dinner at La Taverna

An aperitif overlooking the city at this rooftop bar, followed by a dining experience at La Taverna Restaurant located in the historical center on what is said to be the most important street in the city. Simple and natural dishes that follow the seasonality and respect the characteristics of the region

DAY 10

Italy from Above

History of Assisi

Learn to Cook Traditional Italian Food

A private experience at a local organic farm and winery. You will learn how to cook a very soft and crunchy focaccia, discover all the secrets for a perfect pasta for ravioli and prepare amazing vegetarian dishes and the delicious typical tozzetti. Your hard work will be enjoyed after for lunch while enjoying a guided tasting of organic wines and olive oil made on the farm.

Assisi

After our cooking class we will make our way into Assisi itself, where Samuele a local guide will lead us on a guided Historical Tour of Assisi. After the tour we will leave time for any last minute shopping you may want to do before returning home.

A Final Home Cooked Dinner

For our final dinner together we will enjoy a special home cooked dinner with Umbrian wine pairings by a local chef. We will relax and recount the memories we shared together.



DAY 11

Goodbyes

We will have coffee ready for our early morning wake up and a light snack to grab for the road and then it is time to load up the van and depart. From the villa we will travel back to Rome for airport drop off and final goodbyes to friends new and old.



WHAT IS

Included



Ten Nights Accommodation

Three Meals Per Day

Transportation to and from Rome Airport, and all transportation in Italy during itinerary

All wine tastings and tours

Cheese Making Class

Truffle Hunt

Olive Oil Tour

Entry into Thermal Pools

Soccer tickets

Hot Air Balloon Ride and breakfast

Restaurant Gratuities

Ample wines selected by Jeremy - wine included at lunch and dinner daily

Photo Collection by Jay - A personalized photo link for each couple with memories from the whole experience

WHAT IS NOT

Included



Airfare

Spa Services

Golf

Activities done in Leisure Time

Personal Shopping

YOUR ACCOMODATION IN

Tuscany



*Let your journey begin in a villa once owned by a nobleman
and occupied by a princess.*

Seven bedroom splendidly restored 16th century villa that sits on a hilltop on the Tuscan-Umbrian border in sight of Montepulciano.

This luxury villa with swimming pool, extensive gardens, gym, cinema room, outdoor pizza oven, jacuzzi tub and antique stone fireplace has tasteful classic interiors with alfresco cooking, dining & lounge areas that create a relaxing ambiance amid spectacular views.

The property is a listed building, part of the Contea di Laviano estate, with a notable history, being formerly owned by the family of Napoleon Bonaparte and inhabited by his niece Princess Maria Alessandra Bonaparte.

7 Bedrooms with King Beds, 5.5 Bathrooms

YOUR ACCOMODATION IN

Tuscany

Villa L'Antica Posta



YOUR ACCOMODATION IN

Umbria

Il Nestorello



Il Nestorello is a beautifully restored country retreat, buried deep in the hills overlooking the Medieval town of Perugia. Spend relaxing days around the panoramic poolside, enjoy the suggestive nocturnal view to the distant lights of Perugia from the dining terrace, or pass cooler evenings by a roaring open fire in the stone-lined luxurious sitting room. Wander the country garden complete with a private olive grove, this is where you will have the chance to truly relax and enjoy some quiet down time.

6 Bedrooms with King Beds, 6 Bathrooms

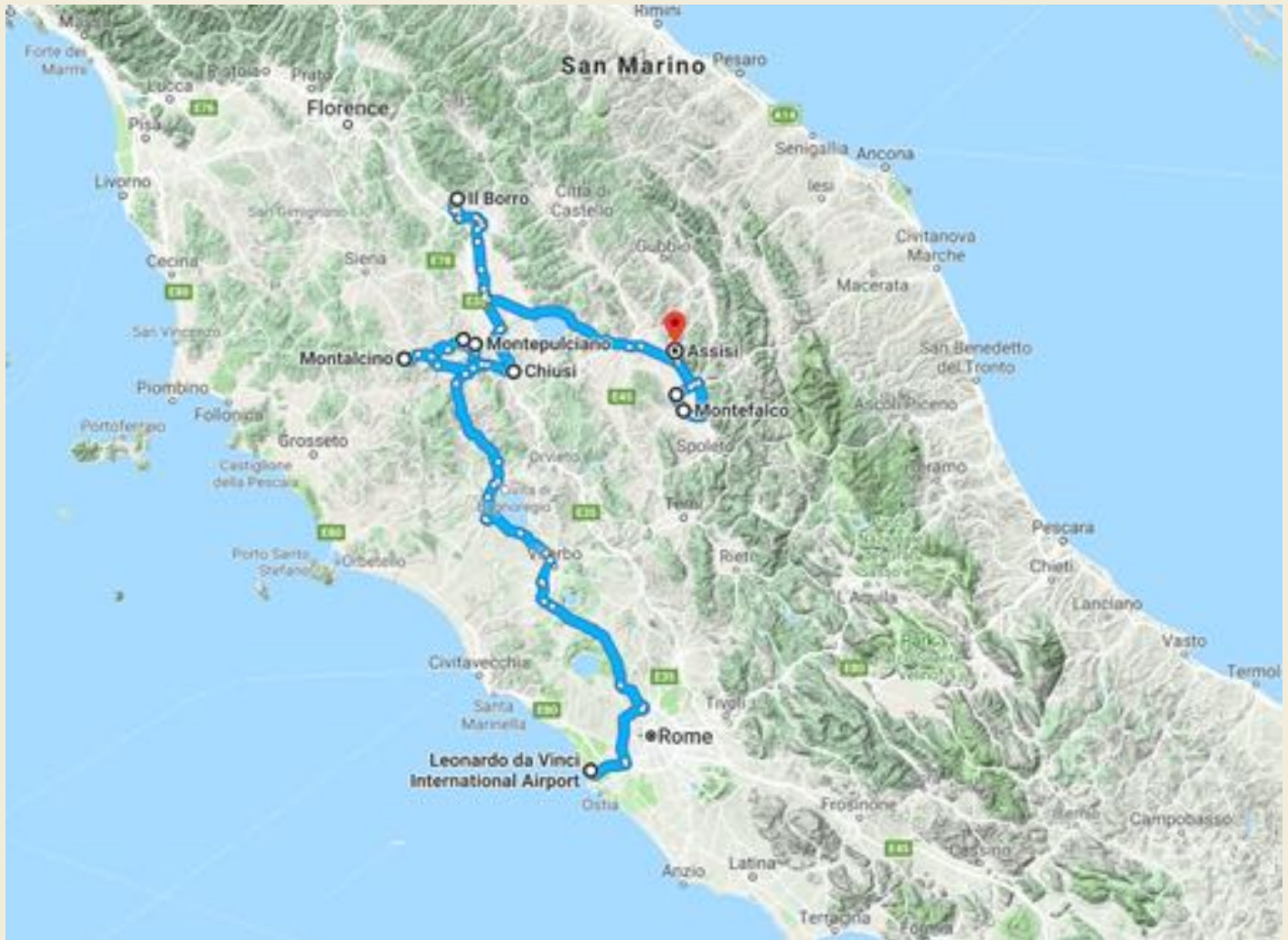
YOUR ACCOMODATION IN

Umbria

Il Nestorello



Distances and Driving Times



Day 1: Rome to Orvieto 90min, Orvieto to Villa L'Antica Posta 50min

Day 2: Villa to La Braccasca 10min, La Braccasca to Cortona 25min, Cortona to Montepulciano 40min

Day 3: Villa to Pienza 35min, Pienza to Val D'Orcia 25min

Day 4: Villa to Il Borro 70min

Day 5: Villa to Poggio di Sotto 70min, Poggio di Sotto to La Crocina 10min, La Crocina to Giodo 15min, Giodo to Montalcino 15min

Day 6: Villa to Carpineto Winery 15min, Carpineto to Chianciano Terme 10min

Day 7: Villa L'Antica Posta to Centoia 15min, Centoia to Lake Trasimeno 15min, Lake Trasimeno to Villa Il Nestorello 45min

Day 8: Villa to Montefalco 50min, Montefalco to Paolo Bea 5min

Day 9: Villa to Perugia 30min

Day 10: Villa to Assisi 50min

Day 11: Villa to Rome Airport 2hours 15min

Fai un buon viaggio

YOUR DAILY

Itinerary



Day 1 - October 18 - Arrival

11:50am Flights land. Meet in the arrivals hall of Terminal 3 after you have collected baggage.

2:30pm Lunch at 7 Consoli in Orvieto on our way from the airport

4:30pm Arrival at Villa

8:00pm Dinner is served by our chef at the villa

Day 2 - October 19 - Montepulciano

8:00am Breakfast is served (we can make this later if people are tired and want to start slow)

11:45am Depart villa

12:00pm Wine tasting, tour and Lunch at La Braccasca Winery

3:30pm Meet our guide in Cortona for a guided tour of the city

6:30pm Arrive in Montepulciano to explore town before dinner

7:30pm Dinner at Ristorante La Grotta in Montepulciano

Day 3 - October 20 - Val d'Orcia

8:00am Breakfast is served

9:00am Depart Villa

9:45am Truffle Hunt followed by lunch

3:00pm Depart for Podere il Poggino

3:30pm Olive Oil Tour

5:30pm Return to the villa for a pizza party

YOUR DAILY

Itinerary



Day 4 - October 21 - Il Boro

8:00am Breakfast is served (we can choose to make this later if preferred)

TBD - Based on activity choices we will determine what time we need to leave. This day is one of flexibility

5:00pm Wine tasting at Il Boro

7:30pm Dinner at Il Boro

Day 5 - October 22 - Montalcino

8:00am Breakfast is served

9:40am Depart Villa

11:00am Wine tasting at Poggio di Sotto

1:00pm Lunch Località La Crocina

2:30pm Wine tasting at Giodo

4:00pm Explore Montalcino

7:15pm Dinner at Drogheria Franci

Day 6 - October 23 - Terme di Chianciano Thermal Pools

7:30am Breakfast is served

8:00am Whitney Departs with Jay to Rome

10:10am Depart Villa for Carpineto Winery

10:30am Wine tasting at Carpineto

11:45am Depart for Terme di Chianciano option to explore the town and have lunch here or head straight to the thermal pools to soak, spa and have lunch at our leisure.

8:00pm Dinner at the villa with private chef

YOUR DAILY

Itinerary



Day 7 - October 24 - Hot Air Balloon and Umbria

7:00am Coffee is served at the villa

7:30am Depart Villa with all luggage

8:00am Hot air balloon take off

9:30am Balloon landing and breakfast served in the field

10:30am Depart for Lake Trasimeno

1:30pm Lunch at Lake Trasimeno

4:00pm Arrive at our new villa Il Nestorello

8:00pm Dinner with Private chef at the villa

Day 8 - October 25 - Montefalco

9:00am Breakfast is served

12:00pm Depart Villa

1:00pm Lunch at Olteoteca Olevm in Montefalco

3:00pm Wine tasting at Paolo Bea

4:00pm Explore Montefalco

7:00pm Dinner at Dinner at L'Alchimista in Montefalco

Day 9 - October 26 - Perugia

9:00am Breakfast is served

10:30am Depart Villa (or when we are ready)

11:15am Arrive at Eurochocolate

3:00pm Chocolate Making Class (5 people)

6:00pm Grappa and Chocolate Tasting

8:00pm Dinner at La Taverna Perugia

YOUR DAILY

Itinerary



Day 10 - October 27 - Assisi

8:00am Breakfast is served

9:00am Depart for Assisi Cooking Class and Lunch

3:00pm Depart farm for Assisi

3:30pm Guided Tour of Assisi

6:00pm Depart Assisi to return to the villa

8:00pm Final Dinner at Villa with Private Chef

Day 11 - October 28 - Good-byes

5:00am Depart Villa

7:30am Arrive at Rome FCO Airport for drop-off and Goodbyes.