

SIP - SAVOR - SURRENDER EXPERIENCE ITALY

October 18-28 2019





Part One

Southern Tuscany

October 18-24

Welcome to Italy

Arrive and Relax

Fly into Rome. Most lights from the United States arrive in the morning hours. We will pick you up at the Rome Leonardo da Vinci-Fiumicino Airport in our 12 person rental van.

Drive to our Villa Stopping for Espresso on the Way

Italians are renowned for their espresso habit. After our red eye flights we will want some espresso, and it will be a good way to start experiencing the culture. At espresso bars we will drink standing up at the bar, and then quickly get back on the road.

Lunch on the road in Orvieto - a striking hill top town 90 minutes outside of Rome and en-route to our villa. We will stop at 7 Consoli to enjoy a gourmet lunch in their gardens.

Arrive at our Tuscan Villa L'Antica Posta

Upon arrival we will choose our rooms and get acquainted with the space.

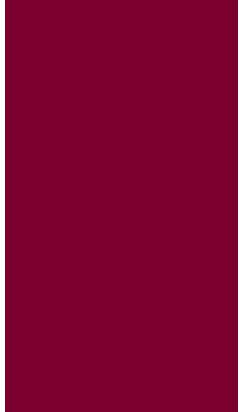
This day is for relaxation and recovery after the Trans-Atlantic Flight.



Home cooked Dinner at the Villa

A private chef will welcome us with a 4 course dinner and wine served at our villa as we get settled into our new home for the week.

Cheese Making and Cozy Dining



Vino Nobile di Montepulciano

Light Breakfast at the Villa

Wake up slowly and energized before our first day of exploring our new surroundings and wines of the region.

Cheese Making and Lunch at Podere il Casale

Beautifully situated on the top of one of the renowned Sienese hills, the Podere offers a breathtaking view over the village of Pienza. We will experience a tour of the organic farm and learn to make cheese during a cheesemaking class with Ulisse the owner of the farm. Following, we will sit down to enjoy a 4 course lunch made from seasonal local ingredients from the farm, including plenty of cheese and wine.

Tour the Town

Walk the old cobble stone streets of Montepulciano taking in it's history and character as we digest our lunch. Visit a historic wine shop, home to 3000 bottles to stock up for the coming days.



Wine Tasting and Dinner at Cantina del Redi

Said to have one of the most spectacular cellars in Montepulciano, we will experience a private wine tour and tasting, before heading 5 floors underneath for a cozy traditional dinner, inclusive of more wine from the vineyard.

From Soil to Plate

The Art of Home Cooked Meals

Truffle Hunt

After a relaxing home cooked breakfast we will go on a truffle hunt just a few minutes from the villa. In this guided experience,



we will harvest these one-of-a-kind mushrooms. Following which, lunch will be served on a breath taking terrace overlooking the Unesco heritage sites of Pienza and Monticchiello on a small family organic farm utilizing the truffles foraged on the hunt.



Pizza Party at the Villa

Olive Oil Tasting in Val d'Orcia

A beautiful valley with ancient towns, Val d'Orcia is a UNESCO world heritage site. This region is renowned for it's olive oil. We will tour an olive tree plantation and a olive oil pressing facility. We will taste the freshest olive oil available anywhere on the planet.

A fresh and fun dinner utilizing our goodies from the day. We will build our own individual pizzas and cook them in our outdoor pizza oven. Dinner will be paired with local hand selected wines by Jeremy, and enjoyed al fresco while taking in the spectacular views of the Tuscan countryside.

The Medieval Village

Il Borro

Breakfast at the Villa

Today we will visit II Borro. II Borro is an estate like no other. It's located in the heart of Tuscany and is a medieval village that dates back to 1254. Throughout the centuries this Tuscan village was the home of many European noblemen. Today, it is a world famous winery, resort, village, farm, art gallery, spa, and restaurant. It's located on 700 hectares and is host to activities such as truffle hunting, cooking classes, mountain biking, hiking, horseback riding, soccer, and golf.

Wine and Art Tour of II Borro

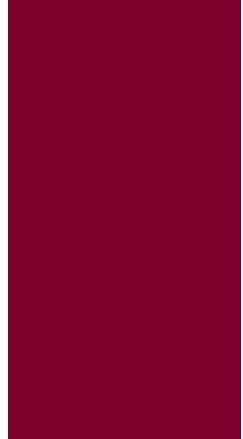
We will experience a private wine and art tour, with a tasting included. Any other of the activities listed above can be arranged if that's something you would prefer. Just let us know ahead of time. There will be plenty of time for relaxation in the spa, by the pool, or just around the immaculate grounds.



Dinner at II Borro

Enjoy a traditional 4 course Italian dinner at Osteria del Borro an award winning restaurant , complete with wine paring. A unique, gourmet experience, characterized by traditional aromas and flavors, interpreted with flair by Chef Andrea Campani.

An experience into Italy's Most Famed Wines



BRUNELLO DI MONTALCINO

Today we will visit some of Italy's most acclaimed wine producers. We will also stroll the streets of Montalcino, have dinner here, and learn about the town's history.

Poggio di Sotto

After breakfast at the villa we will drive to Poggio di Sotto where we will tour and taste their acclaimed Brunello and Rosso di Montalcino. This is one of the highest elevation wineries in Montalcino with gorgeous views over the valley below. We will see the process of how they produce one of the most renowned and expensive Brunellos on the planet. Lunch in Castlenouve della Albate at La Crocina an organic farm to table restaurant

Podere le Ripi

Just down the road from Poggio di Sotto, this acclaimed winery is the passion project of Ricardo Illy, the owner of Illy Coffee. He produces some of the best Brunello, Rosso di Montalcino, and Super Tuscans around. We will tour his beautiful estate with a personal tasting and education on his wines.

Walk, Shop and Dine in the historic town of Montalcino

This is the epicenter of Brunello wines. This quaint town is steeped with history, wine shops, and restaurants. During our guided historical tour of Montalcino where we will see sites such as Abbey of Sant'Antimo, Palazzo Pierre, Bibbiano Castle, Fortezza di Montalcino. Montalcino has countless wine shops that compete with each other for the lowest prices on the planet for some of Italy's most expensive Brunellos. They will ship them to your house so you can enjoy the flavors of Tuscany at home

Dinner at Boccon Divino, a multi-generational family owned restaurant that prepares authentic Tuscan cuisine with beautiful views over the valley below. Jeremy will hand pick wines for the meal that best represents the terroir of Montalcino and is paired with our meal.

Relax and Cleanse

The Baths of the Etruscans

A Day for Relaxation

After a full home cooked Italian breakfast at the villa, spend the morning reading and relaxing by the pool.

Cleanse the Liver

In the early afternoon we will make the short trip to the town of Chianciano Terme to relax in the Baths of the Etruscans, which have therapeutic waters that are renowned to cleanse the liver. At this point in the trip a little liver reset might be necessary. Chianciano Terme is considered to have some of the finest hot springs and health resorts in Italy. It's spas have been in operation since the time of the Etruscans dating back to the 5th Century BC. Even during the Roman times this regions waters have been well known. Luxurious Roman villas were built around the thermal baths for the Roman elites. Sensorial experiences including an Etruscan Sauna, aromatherapy and chromotherapy cells, a Rasul mud room, indoor and outdoor hydro thermal pools and many more facilities to ensure the ideal spa experience.



**Towels, bathrobes and 4 hours access to the thermal pools is included in the trip, Additional spa treatments can be booked in advance for an additional charge.

Private Chef at the Villa

Our private chef will return to the villa for another exquisite meal with wine pairings as we reflect on our first week of life in the Italian countryside.



Part Two

Umbria

October 24-28

Take it Slow

The Next Chapter

Gain a Higher Perspective

We will see the sun rise over the patchwork of vineyards and farms that lay below Assisi from a hot air balloon! After this hour long experience an Umbrian style breakfast will be served in the field once we come back to earth paired with Prosecco the perfect way to start the day.

Lunch at Lake Trasimeno

Our drive to our Umbrian villa will be scenic, as we travel along the coast of Lago Trasimeno, Italy's fourth largest lake. Medieval stone villages dot the lake and islands in it's center. We will enjoy some fresh seafood for lunch and a lingering stroll before getting back on the road.

Arrive at II Nestorello - Our Umbrian Country Villa

Settle in, relax by the pool, take some time out for yourself, as you get acquainted with our second home of the trip.

Dinner at the Villa with a Guest Chef

Enjoy a home cooked traditional Umbrian style meal, prepared by a local chef in the comfort of our villa, complete with wine by the fire as we continue to unwind.



Umbrian Culture at it's Finest

Perugia

Take in our New Surroundings

Begin the day with a full breakfast at the villa

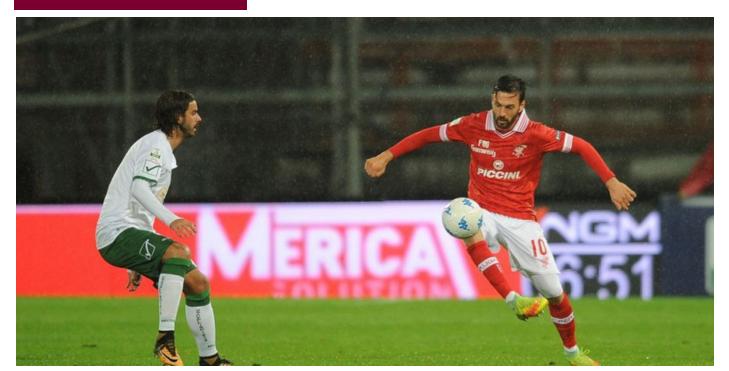
After breakfast we will head into the heart of Perugia to shop, have a late lunch, and experience the unique and lively culture of one of the world's oldest university towns. A cultural experience not to miss is having drinks in the town square with all the city's people. It's a purely Italian way of enjoying the moment.

Soccer Match

In true Italian fashion, we will go see A.C. Perugia Calcio play soccer in the city's main stadium. Watching a home match professional soccer game in Perugia is a rambunctious way to experience a timeless piece of Italian culture and not to be missed.

Dinner

Soccer games are either at 3pm or 9pm so dinner location and time is TBD once the schedule is released.



Experience Italy's most authentic red wines in the heart of Umbria



Montefalco

Begin the day with a light breakfast at the villa

Montefalco

Spend some time exploring the small and quaint town and to do some shopping.

Tabarrini Winery

We will have a private and special lunch at Tabarrini Winery, after lunch enjoy a tour and tasting of the rare yet iconic Sagrantino di Montefalco. This is a special treat and definitely off the beaten track of other wine tours.

Dinner at Oleoteca Olevm

This quaint little restaurant was created in 2009 by an olive oil producer, where the main topic and inspiration of the food revolves around the various uses of the oils. Experience a perfect synthesis of the typical Umbrian specialties, based on local extra-virgin olive oil. Guests are also welcome to taste various products sold in the shop which is connected to the restaurant.





Italy from Above

History of Assisi

Learn to Cook Traditional Italian Food

A private experience at a local organic farm and winery. You will learn how to cook a very soft and crunchy focaccia, discover all the secrets for a perfect pasta for ravioli and prepare amazing vegetarian dishes and the delicious typical tozzetti. Your hard work will be enjoyed after for lunch while enjoying a guided tasting of organic wines and olive oil made on the farm.

Assisi

After our cooking class we will make our way into Assisi itself, where Samuele a local guide will lead us on a guided Historical Tour of Assisi. After the tour we will leave time for any last minute shopping you may want to do before returning home.

A Final Home Cooked Dinner

For our final dinner together we will prepare a special home cooked dinner with Umbrian wine pairings. We will relax and recount the memories we shared together.



Goodbyes

A light breakfast at the villa and then it is time to load up the van before 10am checkout. From the villa we will travel back to Rome for airport drop off and final goodbyes to friends new and old.



What is Included

Ten Nights Accommodation Three Meals Per Day Transportation to and from Rome Airport, and all transportation in Italy during itinerary All wine tastings and tours **Cheese Making Class Truffle Hunt Olive Oil Tour** Entry into Thermal Pools Soccer tickets Hot Air Balloon Ride and breakfast **Restaurant Gratuities** Ample wines selected by Jeremy - wine included at lunch and dinner daily Photo Collection by Jay - A personalized photo link for each couple with memories from the whole experience

What is Not

Included

Airfare Spa Services Golf Activities done in Leisure Time Personal Shopping Your Accommodation in

Tuscany



Let your journey begin in a villa once owned by a nobleman and occupied by a princess.

Seven bedroom splendidly restored 16th century villa that sits on a hilltop on the Tuscan-Umbrian border in sight of Montepulciano. This luxury villa with swimming pool, extensive gardens, gym, cinema room, outdoor pizza oven, jacuzzi tub and antique stone fireplace has tasteful classic interiors with alfresco cooking, dining & lounge areas that create a relaxing ambiance amid spectacular views.

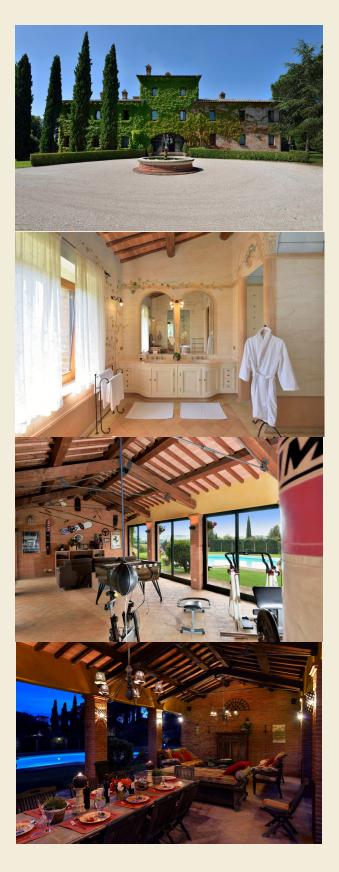
The property is a listed building, part of the Contea di Laviano estate, with a notable history, being formerly owned by the family of Napoleon Bonaparte and inhabited by his niece Princess Maria Alessandra Bonaparte.

7 Bedrooms with King Beds, 5.5 Bathrooms

Your Accommodation in

Tuscany

Villa L'Antica Posta





Your Accommodation in

Umbria

II Nestorello



Il Nestorello is a beautifully restored country retreat, buried deep in the hills overlooking the Medieval town of Perugia. Spend relaxing days around the panoramic poolside, enjoy the suggestive nocturnal view to the distant lights of Perugia from the dining terrace, or pass cooler evenings by a roaring open fire in the stone-lined luxurious sitting room. Wander the country garden complete with a private olive grove, this is where you will have the chance to truly relax and enjoy some quiet down time.

6 Bedrooms with King Beds, 6 Bathrooms

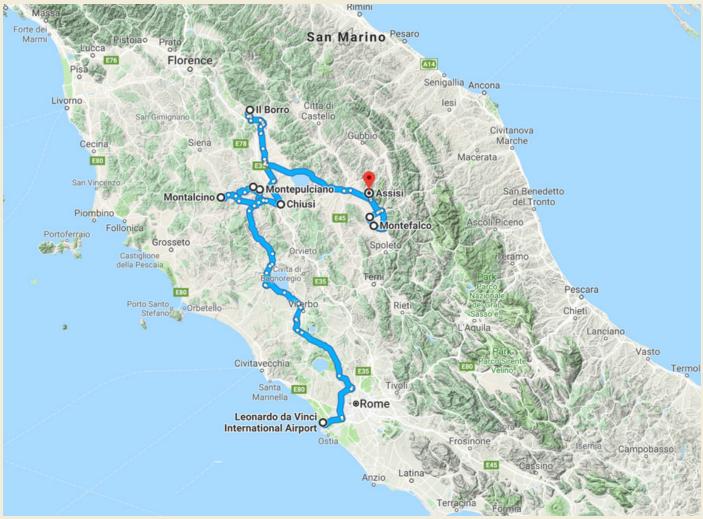
Your Accommodation in Umbria

II Nestorello





Distances and Driving Times



Day 1: Rome to Orvieto 90min, Orvieto to Villa L'Antica Posta 50min

Day 2: Villa to Podere il Casale 40min, Podere il Casale to Montepulciano 20min, Montepulciano to Cantina Del Redi 10min

Day 3: Villa to Il Borro 70min

Day 4: Villa to Chiusi 25min, Chiusi to Val D'Orca 35min

Day 5: Villa to Poggio di Sotto 70min, Poggio di Sotto to Podere le Ripi 7min, Podere le Ripi to Montalcino 15min, Montalcino to Boccon Divino 2min

Day 6: Villa to Chianciano Terme 20min

Day 7: Villa L'Antica Posta to Villa II Nestorello, Umbria 50min

Day 8: Villa to Perugia 30min

Day 9: Villa to Montefalco 35min, Montefalco to Tabarrini Winery 4min, Tabarrini Winery to Olevm 7min

Day 10: Villa to Cantina Dionigi Winery 40min,Cantina Dionigi to Assisi 30min

Fai un buon viaggio